

## F.A.Q.

1. ***What is the latest I can submit an order?*** Orders must be submitted 24 hours or a minimum of 8 hours prior to the start of your shift.
2. ***It states you provide service for 3<sup>rd</sup> Shift Monday thru Friday what do you consider 3<sup>rd</sup> shift hours?*** Third shift hours historically begin Sunday night 10pm or 11am we are open Monday thru Friday.
3. ***Do you provide service on Saturday?*** No! At this time we provide service Monday thru Friday these days are converted to 3<sup>rd</sup> shift are Sunday (Night) Thru Thursday (Night).
4. ***Is it possible to get service on Friday Night 3<sup>rd</sup> shift Saturday?*** Yes! Restrictions apply please contact us through our contact link for details.
5. ***Do you cater?*** Yes! Catering service is available please contact us for pricing.
6. ***Do you provide home delivery?*** No! We do have a specialty service that provides daily meals based on meal plans. This service is limited and restricted.
7. ***Do I need to prepay?*** All services provided are prepaid and dinners are prepaid daily.
8. ***What if I am off work on a day I order?*** Your meal will be delivery the next scheduled business day please contact us in these cases for scheduling.
9. ***I purchased a multi-plan for 5 meals are we required to schedule all my meals that week?*** No! If you purchase a 5 meal plan and want 3 meals select your days for that week ending. The remaining meals must be submitted on a separate form.
10. ***Can 2 people purchase on the same multi-deal plan?*** Yes! This happens often with our clients. Two will purchase a 5 meal plan and break it up. They will schedule 2 meals for the same day and 1 meal for another see our help videos.
11. ***Can we make meal suggestions?*** Sure we our open to delivering the best quality.
12. ***How can I get the meal plans available?*** Join us on FLOK and take advantage of amazing daily and weekly meal deals by downloading our app at [app.flok.com](http://app.flok.com) or Text "JOIN" to 62687 don't miss out !!!!
13. ***How do I get your specials?*** Join us downloading our app at [app.flok.com](http://app.flok.com) or Text "JOIN" to 62687.
14. ***I need help filling out the delivery form:*** Go to our home page and click on video help for further assistance.